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Babysitter's Training Course

The YMCA Babysitter's Training Course is an open access, on-going instructional program, divided into eight modules. It is designed for members who have an interest in babysitting children aged 6 months and older. The goal of this program is to help the babysitter trainee learn about childcare, emergency prevention, basic first aid, nutrition, and activity planning.

Module 1: Introduction to Becoming a Successful Babysitter

Module 2: Caring for Infants

Module 3: Caring for Toddlers

Module 4: Caring for Preschoolers

Module 5: Caring for School Age

Module 6: First Aid

Module 7: Safety

Module 8: Healthy Children

This course includes quizzes, class notes, group assignments, a 3-hour volunteer experience (in our Babysitting Room), and a written test. Once the student has completed their volunteer experience and test with a mark above 70% they will have passed the course. Classes are non-cumulative, so members can start at any module. The program is open to youth members over the age of 10. The course runs Wednesdays from 6:45 - 8:00 pm. The course is available to members for free, or non-members can purchase a day pass.

The following is a list of dates and modules, which will be covered:

Dates	Module Number
January 11	Module 1
January 18	Module 2
January 25	Module 3
February 1	Module 4
February 8	Module 5
February 15	Module 6
February 22	Module 7
February 29	Module 8
March 7	Module 1
March 14	Module 2
March 21	March Break – No Class
March 28	Module 3
April 4	Module 4
April 11	Module 5
April 18	Module 6
April 25	Module 7
May 2	Module 8
May 9	Module 1
May 16	Module 2
May 23	Module 3
May 30	Module 4
June 6	Module 5
June 13	Module 6
June 20	Module 7
June 27	Module 8